

APPETIZERS & SOUP

CHICKEN DUMPLINGS (8) \$6.29
(2) 8p. 115-300 cal • (1) 4p. 115-300 cal (4) \$3.89
 Dumplings stuffed with chicken, cabbage, shallots, ginger and green onions.

CREAM CHEESE WONTONS (6) \$6.29
(2) 6p. 250 cal • (1) 3p. 250 cal (3) \$3.29
 Cream cheese blended with green onions and diced water chestnuts in a crisp wonton. Hand made.

VEGETABLE SPRING ROLLS (4) \$6.99
(2) 4p. 220 cal • (1) 2p. 220 cal (2) \$3.98
 Crispy wrap filled with cabbage, green onions, noodles, mushrooms and carrots.

CHICKEN EGG ROLLS (2) \$5.39
(2) 2p. 180 cal • (1) 1p. 180 cal (1) \$2.89
 Delicious crispy egg rolls filled with chicken, carrots, cabbage, mushrooms and celery.

EDAMAME \$4.99
(2) 150 cal • Soybeans steamed until tender and perfect.

ASIAN LETTUCE WRAPS \$9.29
(2) 230 cal • Crisp lettuce with minced chicken breast, mushrooms, water chestnuts and green onions. Garnished with shredded carrots and bean sprouts.

WONTON SOUP (Large) \$7.99
(2) Large 170 cal • (1) Medium 170 cal (Medium) \$4.69
 Wontons, shrimp, chicken breast, carrots, broccoli and mushrooms.

FRIED RICE & CHOW MEIN

FRIED RICE • (2) 370-490 cal \$7.69
 Perfectly seasoned fried rice with egg, bean sprouts, carrots, onions and peas.

CHOW MEIN • (2) 330-440 cal \$7.69
 Tender noodles with onions, cabbage, celery, carrots and bean sprouts in a sweet black sauce.

Add Chicken for \$2.29 or Shrimp or Steak for \$2.69.

NOODLES

\$10.99

NEW DRUNKEN NOODLES • (2) 450-620 cal
 辣 Spicy - Stir fried rice noodles, red bell peppers, sliced marinated chicken breast, white and green onions, fresh basil, garlic and chili wok'd in a savory sweet and spicy sauce.

辣 **PAD THAI with Chicken or Tofu • (2) 640-730 cal**
 Rice noodles in our tangy Pad Thai sauce with green and white onions, carrots, cilantro, egg, peanuts and bean sprouts.

Substitute Shrimp or Steak for \$1.99.

SALAD

\$9.99

✓ **SIGNATURE CHINESE CHICKEN SALAD • (2) 340 cal**
 Romaine and iceberg, all natural grilled chicken breast, carrots, mandarin oranges, sesame seeds and wonton strips with our Signature Honey Ginger dressing.

Additional nutrition information is available upon request. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

CHICKEN ENTREES

\$10.99

CLASSIC FAVORITES

NEW FIRECRACKER • (2) 630 cal • Starts sweet, finishes with a
 辣 spicy kick, garnished with green onions.

GENERAL'S ORANGE • (2) 580 cal • A sweet & tangy
 citrus delight.

CRISPY HONEY • (2) 680 cal • Crispy chicken breast in a
 sweet honey sauce, garnished with green onions.

HOUSE SPECIAL • (2) 620 cal • A caramelized sauce of white
 wine, garlic and soy with green onions.

辣 **KUNG PAO • (2) 480 cal • A blazing sauce with seared chilies,**
 peanuts, water chestnuts, zucchini and dry chili peppers.

GRILLED

GRILLED BOURBON • (2) 340 cal • Tender grilled chicken
 tossed in our sweet and savory bourbon sauce.

✓ **GRILLED TERIYAKI CHICKEN & VEGETABLES • (2) 370 cal**
 Grilled chicken, broccoli and carrots in a sweet soy teriyaki sauce.

STEAMED (All natural marinated chicken breast)

辣 **THAI COCONUT CURRY • (2) 270 cal • Marinated chicken**
 breast with fresh red peppers, carrots, white onions and broccoli in our creamy Thai coconut curry sauce.

NEW THAI BASIL CASHEW • (2) 330 cal • Marinated chicken breast
 辣 wok tossed with red bell peppers, onions, basil leaves, red chili peppers and cashews in our savory sweet and mildly spicy cashew sauce.

✓ **GARLIC • (2) 250 cal • Marinated chicken breast with freshly**
 wok'd garlic, broccoli, carrots, zucchini, water chestnuts and snap peas in a sweet black sauce.

CHICKEN & VEGETABLES • (2) 200 cal • Marinated chicken
 breast with broccoli, carrots, zucchini, water chestnuts and snap peas in a white wine sauce.

NEW STEAK ENTREES

\$11.99

GRILLED MONGOLIAN • (2) 380 cal • Wok-seared steak with garlic,
 scallions and mushrooms tossed in a rich and sweet soy sauce.

GRILLED BEEF & BROCCOLI • (2) 395 cal • Wok-seared steak, garlic,
 ginger, scallions and broccoli tossed in a rich and sweet soy sauce.

辣 **KUNG PAO • (2) 440 cal • Wok-seared steak in a blazing sauce**
 with seared chilies, peanuts, water chestnuts, zucchini and dry chili peppers.

WILD CAUGHT ALASKAN SALMON

\$11.99

✓ **GRILLED TERIYAKI SALMON • (2) 290 cal • Grilled Wild**
 Caught Alaskan teriyaki salmon with wok tossed fresh red peppers, carrots, broccoli and onions.

Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium. Prices subject to change.

SHRIMP ENTREES

\$11.99

NEW CRISPY SHRIMP • (2) 520-690 cal • Crispy Shrimp tossed
 with your choice of Honey or Firecracker sauce. Served with fresh wok tossed broccoli, carrots, red peppers and onion.

辣 ✓ **KUNG PAO • (2) 290 cal • A blazing sauce with seared**
 chilies, peanuts, water chestnuts, zucchini and dry chili peppers.

✓ **GARLIC • (2) 210 cal • Freshly wok'd garlic, broccoli, carrots,**
 zucchini, water chestnuts and snap peas in a sweet black sauce.

SHRIMP & VEGETABLES • (2) 180 cal • Succulent shrimp
 with broccoli, carrots, zucchini, water chestnuts and snap peas in a white wine sauce.

TOFU ENTREES

\$10.99

NEW FIRECRACKER • (2) 530 cal • Starts sweet, finishes with a
 辣 spicy kick, garnished with green onions.

辣 **THAI COCONUT CURRY • (2) 400 cal • Fresh red peppers,**
 carrots, white onions and broccoli in our creamy Thai coconut curry sauce.

辣 **KUNG PAO • (2) 470 cal • A blazing sauce with seared chilies,**
 peanuts, water chestnuts, zucchini and dry chili peppers.

HOUSE • (2) 490 cal • A caramelized sauce of white wine,
 garlic and soy with green onions.

Some sauces may contain chicken or seafood stock.

All entrees served with your choice of Steamed White Rice (2) (180 cal) or Brown Rice (2) (160 cal). Substitute Fried Rice (2) (470 cal) or Asian Noodles (2) (435 cal) for \$2.29.

NEW FAMILY VALUE PACKS

FAMILY VALUE PACK FOR 3 • (3) 850-1170 cal \$33.99
 2 Chicken Entrees, 4 Cream Cheese Wontons, 4 Crispy Dumplings, Choice of Fried Rice or Chow Mein, White or Brown Rice, and 4 Chocolate Dipped Fortune Cookies.

FAMILY VALUE PACK FOR 4-5 • (5) 850-1170 cal \$44.99
 3 Chicken Entrees, 4 Cream Cheese Wontons, 4 Crispy Dumplings, Choice of Fried Rice or Chow Mein, 2 White or Brown Rice, and 8 Chocolate Dipped Fortune Cookies.

FAMILY VALUE PACK FOR 6-7 • (7) 850-1170 cal \$56.99
 4 Chicken Entrees, 8 Cream Cheese Wontons, 8 Crispy Dumplings, Choice of Fried Rice or Chow Mein, 3 White or Brown Rice, and 8 Chocolate Dipped Fortune Cookies.

Upgrade Chicken to Steak or Shrimp for \$1.00 per Entree, Steamed White or Brown Rice to Fried Rice or Asian Noodles for \$2.29 per Side, 4 Cream Cheese Wontons or Crispy Dumplings to 2 Chicken Egg Rolls for \$2.50.

辣 SPICY

GF GLUTEN FREE

AsiaFit

FULL FLAVOR
 UNDER 400 CALORIES
 PER SERVING

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